

**Roster 2010**

Freshmen

Fahrenkrug	Jared	9
Gagner	Jon	9
Heath	Nick	9
Heiser	Derek	9
Hrubecky	Jacob	9
Kehler	Matt	9
Klassen	Hunter	9
Mulder	Nathan	9
Nelessen	Luke	9
Puser	Brandon	9
Rustick	AJ	9
Thomas	Ryan	9
Tuttle	Brian	9
Verhage	Jacob	9
Wood	Wilson	9

Juniors

Bourland	Michael	11	*
Heid	Josh	11	*
Huxtable	Tom	11	
Knaus	Eric	11	
Mitchell	Sean	11	
Murphy	Mike	11	
Nelessen	Spencer	11	
Nigh	Blake	11	
Rall	Sam	11	*
Riedl	Austin	11	*
Ruzicka	Eric	11	*
Ruzicka	Nick	11	

Sophomores

Emenecker	Ryan	10	
Gibson	Sam	10	
Kehler	Nick	10	*
Kumbier	Kyle	10	
Lancaster	Kirk	10	*
Mau	Zach	10	
Merizon	Fritz	10	
Nelson	Charley	10	
Payne	Eric	10	
Prince	Alex	10	
Ralston	Nick	10	
Reshel	Dom	10	
Rezabek	Doug	10	
Rohe	Ricky	10	*
Rubsam	Alex	10	
Scheer	Logan	10	
Smith	Nick	10	
Spranger	Tim	10	
Weyenberg	Will	10	
Wiswall	Teddy	10	
Wolf	Ian	10	
Zerrien	Ben	10	
Ziepke	Adam	10	*

Seniors

Anhault	Spencer	12	*
Bosio	Paul	12	*
Brosman	Dan	12	*
Christiansen	Kyle	12	*
Endter	Michael	12	*
Galley	Trevor	12	*
Hanson	Nick	12	*
Howard	Adam	12	*
Irvine	David	12	*
Kasper	John	12	*
Kilas	Tim	12	*
McDonald	Robbie	12	*
Menard	Michael	12	*
Nolden	Parker	12	*
Okundaye	Amen	12	
Roal	Taylor	12	*
Schmidt	Mike	12	*
Schmidt	Ryan	12	*
Schultz	Jacob	12	*
Scudder	Luke	12	*
Stephani	Matt	12	*
Suechting	Peter	12	*
Vandenberg	Zach	12	*
Weklar	Matt	12	*
White	Noah	12	*
Yeh	Jerry	12	

\* ~ Denotes Letter Winner

First Team All Conference

Tim Kilas

Robert McDonald

Michael Bourland

Ryan Schmidt

Second Team All Conference

Matt Weklar

Jacob Schultz

Nick Kehler

Honorable Mention All Conference

Eric Ruzicka

Seymour Varsity Invitational Individual Champion: Robert McDonald

Green Bay Southwest Invitational Junior Varsity Individual Champion:

Eric Ruzicka

Seymour Invitational Junior Varsity Individual Champion: Michael

Schmidt

FVA Conference Junior Varsity Individual Champion: Michael Schmidt

<u>Last Name</u>	<u>First Name</u>	<u>Grade</u>	<u>WB</u>	<u>Neenah</u>	<u>GB SW</u>	<u>Marquette</u>	<u>ON</u>	<u>Janesville</u>	<u>FDL</u>	<u>Seymour</u>	<u>Conf</u>	<u>Sect</u>	<u>State</u>
Anhalt	Spencer	12	30:00	24:09	23:52	DNC	25:50	22:55	DNC	24:30	22:55		
Bosio	Paul	12	DNC	21:40	22:07	DNC	21:55	DNC	DNC	21:27	22:14		
Bourland	Michael	11	16:46	16:36	16:30	16:47	17:28	16:19	16:29	16:35	16:18	16:09	16:58
Brosman	Dan	12	DNC	21:34	22:01	22:05	21:52	20:46	20:34	20:49	20:10		
Christiansen	Kyle	12	20:15	DNC	21:59	DNC	22:11	20:05	DNC	20:05	19:12		
Emenecker	Ryan	10	21:44	20:32	DNC	20:33	19:59	19:15	19:08	DNC	18:57		
Endter	Michael	12	22:52	22:33	DNC	22:48	22:57	DNC	21:59	22:38	22:29		
Fahrenkrug	Jared	9	DNC	DNC	DNC	DNC	DNC	DNC	DNC	DNC	DNC		
Gagner	Jon	9	24:30	DNC	23:02	23:12	23:45	22:14	22:52	23:36	22:19		
Galley	Trevor	12	19:41	19:20	19:39	19:37	19:51	19:12	19:24	19:44	19:04		
Gibson	Sam	10	20:40	20:32	20:50	DNC	21:10	20:03	20:25	20:17	19:34		
Hanson	Nick	12	20:31	19:09	19:25	19:18	19:38	18:14	18:31	18:48	17:55	Alt	Alt
Heath	Nick	9	23:48	23:00	22:17	22:36	23:00	21:32	21:42	21:59	21:12		
Heid	Josh	11	19:44	18:48	18:54	18:55	19:15	18:17	18:17	19:23	18:08	Alt	Alt
Heiser	Derek	9	21:29	22:53	22:08	22:47	22:42	21:13	21:14	21:56	20:55		
Howard	Adam	12	21:25	20:06	20:04	20:09	20:37	19:43	19:09	19:45	19:15		
Hrubecky	Jacob	9	20:58	19:41	20:02	20:40	20:11	19:27	19:41	19:38	18:58		
Huxtable	Tom	11	20:33	19:40	DNC	DNC	DNC	DNC	DNC	19:56	19:32		
Irvine	David	12	25:48	23:49	23:43	DNC	DNC	23:17	23:21	23:19	22:44		
Kasper	John	12	DNC	20:44	20:33	20:48	20:47	DNC	DNC	20:27	19:32		
Kehler	Matt	9	24:11	22:23	22:13	22:07	22:32	21:09	20:39	21:23	20:10		
Kehler	Nick	10	18:17	17:28	17:25	17:40	17:31	16:58	17:07	17:16	17:03	16:51	17:37
Kilas	Tim	12	16:33	16:31	16:44	16:40	17:30	16:22	16:15	16:30	16:23	16:09	16:37
Klassen	Hunter	9	25:02	23:13	23:18	23:09	23:40	22:18	22:03	23:11	21:08		
Knaus	Eric	11	21:38	19:02	19:32	20:14	19:19	19:17	18:48	18:46	18:40		
Kumbier	Kyle	10	23:12	21:42	21:45	21:52	22:10	20:24	21:15	21:40	20:30		
Lancaster	Kirk	10	18:51	18:32	18:18	DNC	18:40	17:46	18:06	18:27	17:46	Alt	Alt

8 min

16:09

2 min

<u>Last Name</u>	<u>First Name</u>	<u>Grade</u>	<u>WB</u>	<u>Neenah</u>	<u>GB SW</u>	<u>Marquette</u>	<u>ON</u>	<u>Janesville</u>	<u>FDL</u>	<u>Seymour</u>	<u>Conf</u>	<u>Sect</u>	<u>State</u>
Mau	Zach	10	23:34	22:23	22:02	22:13	23:04	21:04	21:47	21:38	21:00		
McDonald	Robbie	12	16:24	16:06	15:58	16:15	17:28	15:47	16:00	16:11	DNC	DNC	17:20
Menard	Michael	12	DNC	20:31	20:10	19:59	19:56	DNC	19:57	DNC	19:57		
Merizon	Fritz	10	23:58	23:15	22:48	22:58	DNC	DNC	22:25	22:29	21:54		
Mitchell	Sean	11	21:31	19:48	20:04	DNC	20:39	19:42	20:40	20:11	19:31		
Mulder	Nathan	9	23:00	21:49	21:41	22:10	22:46	21:08	21:06	21:53	20:43		
Murphy	Mike	11	24:30	22:25	22:29	DNC	DNC	21:31	22:28	22:20	20:51		
Nelessen	Luke	9	19:54	20:27	19:46	20:33	20:05	19:32	19:33	20:02	19:20		
Nelessen	Spencer	11	22:41	21:19	21:50	DNC	22:28	DNC	DNC	DNC	21:06		
Nelson	Charley	10	30:00	21:08	21:45	DNC	22:11	20:32	DNC	20:49	20:42		
Nigh	Blake	11	21:31	20:39	20:32	DNC	21:19	20:00	DNC	DNC	20:21		
Nolden	Parker	12	25:15	22:25	DNC	DNC	DNC	DNC	22:02	22:14	21:02		
Okundaye	Amen	12	DNC	DNC	DNC	DNC	DNC	DNC	20:30	20:32	19:45		
Payne	Eric	10	DNC	DNC	DNC	DNC	24:42	23:22	DNC	DNC	24:32		
Prince	Alex	10	21:51	21:18	21:51	20:18	21:37	19:17	20:35	20:40	19:14		
Puser	Brandon	9	30:00	22:45	22:20	22:46	23:08	DNF	21:45	DNC	DNC		
Rall	Sam	11	19:36	19:00	19:02	DNC	19:28	18:08	DNC	DNC	18:17		
Ralston	Nick	10	19:49	DNC	20:41	DNC	20:57	19:46	20:04	19:45	19:20		
Reshel	Dom	10	20:33	19:37	18:50	19:27	20:25	19:00	18:41	19:42	18:52		
Rezabek	Doug	10	23:03	22:38	23:05	DNC	23:11	21:26	DNC	24:08	22:21		
Riedl	Austin	11	19:20	18:54	18:55	DNC	19:22	18:19	18:25	18:12	17:54	Alt	Alt
Roal	Taylor	12	24:35	23:31	23:54	23:22	22:45	21:28	21:24	22:12	20:09		
Rohe	Ricky	10	19:07	18:44	18:33	18:45	19:08	18:06	17:58	18:25	17:50	Alt	Alt
Rubsam	Alex	10	23:03	21:44	22:04	22:26	21:50	20:38	20:17	20:31	19:51		
Rustick	AJ	9	30:00	20:45	DNC	20:42	21:36	20:09	19:50	20:26	19:42		
Ruzicka	Eric	11	18:35	17:46	17:45	18:16	18:27	17:28	17:35	17:21	17:14	Alt	Alt
Ruzicka	Nick	11	26:51	24:02	23:32	DNC	25:26	23:20	23:43	24:24	23:04		

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Scheer	Logan	10	26:33	24:30	23:33	22:42	DNC	21:44	21:09	21:54	20:40		
Schmidt	Mike	12	17:38	16:56	17:24	17:32	DNC	DNF	17:53	17:27	17:25	17:08	Alt
Schmidt	Ryan	12	17:18	17:01	16:55	17:05	17:36	16:37	16:39	16:42	16:31	16:29	16:49
Schultz	Jacob	12	18:54	18:11	18:07	17:44	18:02	16:58	17:02	17:20	16:58	16:37	17:10
Scudder	Luke	12	20:19	19:48	20:07	20:20	20:40	DNC	19:37	20:12	19:24		
Smith	Nick	10	22:54	22:30	22:42	DNC	22:38	21:07	DNC	22:05	20:53		
Spranger	Tim	10	21:47	20:24	20:35	20:50	20:26	19:54	DNC	19:22	18:51		
Stephani	Matt	12	22:15	21:07	21:05	DNC	21:20	20:36	20:00	20:28	19:32		
Suechting	Peter	12	DNC	20:58	20:42	20:59	21:51	DNC	20:32	21:23	20:07		
Thomas	Ryan	9	22:49	21:48	21:30	21:46	21:21	20:13	20:27	21:30	19:49		
Tuttle	Brian	9	21:56	21:16	22:01	21:12	DNC	20:08	20:32	20:23	19:53		
Vandenberg	Zach	12	18:42	17:40	17:50	18:01	DNC	17:41	DNC	18:06	17:51	Alt	Alt
Verhage	Jacob	9	26:39	23:06	22:51	24:02	23:04	DNF	25:51	21:24	DNC		
Weklar	Matt	12	18:00	17:41	18:06	17:49	18:20	17:03	17:16	17:15	17:03	16:48	17:13
Weyenberg	Will	10	25:05	23:53	23:57	DNC	24:54	DNC	DNC	DNC	22:08		
White	Noah	12	23:46	21:42	21:32	22:43	21:50	21:00	20:44	20:27	19:41		
Wiswall	Teddy	10	21:33	20:52	21:13	21:21	21:17	20:18	DNC	20:31	19:55		
Wolf	Ian	10	23:14	22:43	23:00	22:04	21:48	20:44	20:48	20:51	20:22		
Wood	Wilson	9	24:53	24:14	24:20	DNC	DNC	DNC	23:52	DNC	22:27		
Yeh	Jerry	12	DNC	21:47	DNC	DNC	23:28	DNC	DNC	DNC	DNC		
Zerrien	Ben	10	21:54	21:20	21:39	21:29	21:39	20:57	21:12	21:30	20:35		
Ziepk	Adam	10	19:44	18:53	18:36	19:11	18:54	18:06	17:56	18:14	17:26	Alt	Alt

It was Neenah's second victory in seven days, following a win at West Bend last Saturday.

"I was very pleased with their results," Rockets coach Mike Heidke said.

"We're not really doing any speed work right now, (just) building up strength, (running) a lot of very fast times. I'm very pleased with where they are so far this season."

Neenah also outpaced defending state champion Wausau East, which won Division II on Friday but ran in the same race as the Rockets.

"It makes it more exciting to race against a powerhouse," Heidke said. "I think we raced a little bit harder today because of that."

A year after winning the meet, Parker finished second to a runner from Wausau East.

"She got away in the woods a little bit and I couldn't catch her," Parker said. "She probably got me by about 100 meters at the end."

Neenah boys' coach John Morgen was just as pleased as Heidke with his team's second-place result. The Rockets lost to Marquette and beat out another top team, Stevens Point. Those three teams finished among the top four at state last

### Inside

■ Meet results in Scoreboard / D-4

# Rockets runners perfect

## Neenah girls take top five spots to win own meet

By Joe Matzek  
For The Post-Crescent

NEENAH — A rainbow, large and multi-colored, lit up the eastern sky over Memorial Park not long after the girls' varsity race at the Neenah Cross Country Invitational ended on Friday.

Just like the perfect rainbow, the Neenah girls were perfect in their race.

Led by sophomore Alison Parker, the Rockets scored a perfect 15 points to win the Division I competition.

## NEENAH: Rockets post perfect score

From D-1

year.

"We didn't feel like we had to push the pace in this race, because we had teams like Marquette and Stevens Point that would do that," Morgen said. "And we have some young men who are faster at shorter distances. So if we could just hang in there, we thought we could do OK."

Neenah senior Robbie McDonald did more than OK, taking third in a personal-best time of 16:06 despite going out faster than his pace.

Last year, in every race, I'd pound the first 400 (meters) and die in the last 400," McDonald said. "This

### Elsewhere

■ Meet results in Scoreboard / D-5

year, I decided I'd go out a lot slower and make my way up as the race goes on.

"We came to the first mile in about 5:04, which was 10 seconds faster than I was expecting. But we still managed to come back in 10:15 (in the second mile)."

Neenah's Tim Kilas and Michael Bourland also finished in the top 10.

"Everyone's stepping up this year after we lost five of our top seven (to graduation)," McDonald said.

Kimberly's boys won again, capturing the Division 2 title over Ashwaubenon 39-42, a week

after winning the Appleton West Terror Invite.

"I think we have a real strong boys' team," Papermakers coach Mike Heling said. "I was really pleased."

The young Papermakers girls' team took second behind Wausau East in Division 2.

Kimberly has three freshmen and two sophomores on varsity.

"When I first saw where we were in the race, I thought, 'Whoa, we're pretty far back,'" Heling said. "Then I realized how fast we were running and the competition we were against."

"We're real young. They're just getting a feel for things and the senior leadership is really stepping up."