



80th ANNUAL MIDWEST INVITATIONAL

hosted by Janesville Craig

Saturday, September 23, 2017

Blackhawk Golf Course, Janesville, WI

We're excited your team will be participating in the Midwest Invitational. Thank you for making it great!

1. Directions: I-90 to Janesville; Exit E. Racine St. (exit 175); turn left on Palmer Dr. (1st stop light); the start/finish area is located at the intersection of Palmer Dr. and Sharon Rd.
2. Updates: Use the Janesville Craig Cross Country Facebook page for updates regarding race information, photos, and results.
3. Rules: Our meet is governed by W.I.A.A. regulations.
4. Registration: Each team **MUST** have at least five runners start the varsity race. We have partnered with Sports Management Associates, Inc. for our timing this year. Please note the registration procedure:

Deadlines: Registration opens Wednesday, September 6 and closes at midnight on Wednesday, September 20. Coaches are encouraged to upload rosters early.

Step 1: Go to <http://www.harriersolutions.com>.

Step 2: On the left side of the screen, click 'Cross Country Entries'.

Step 3: Either sign in, or click 'New Coach Sign Up' on the left side of the screen.

Step 4: Add your 'Organization Info' if you have not done this for another race.

Step 5: Add your 'Athletes' by entering each one or uploading your roster. Follow the instructions to upload your roster.

Step 6: Click 'Home' on the left and select 'Midwest Invitational'. Select the race for each athlete on your team (F/S, Varsity, JV). Keep in mind you **MUST** register at least five into the varsity race that will be racing. You will receive a confirmation email when you've completed the process.

Frosh/Soph 7 runners max

Varsity 7 runners max (**At least five must enter and start the varsity race**)

JV unlimited entries

*There will not be any chip collection due to the bib timing system.

5. Course: The course is relatively flat around the outside of the golf course with some road crossing. There is one significant hill in the first 800m of the race and another in the last 1000m. It's properly marked with a painted alley covering the entire course. We do have pace and trail vehicles for all races, as well as flags at road crossings and unattended areas of the course. Please remind your athletes to remain inside the alley lines at all times. Course maps are attached in your email.

Map <http://bit.ly/2vL63x3>

HS girls and boys 5000 meters with 1 & 2-mile splits provided

4th-8th grade 1600 meters



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6. Results: There will be no paper results. All meet results will be available online at www.harriersolutions.com immediately following the event.

7. Time schedule:

Volunteer meeting	7:45 AM	Finish area
Coaches meeting	8:00 AM	Finish Area
Midwest Community 5K - Registration ends 9/20 at 11:59 PM - 1 & 2-mile splits provided - Coaches, parents, alumni, and all interested runners may participate!	8:15 AM	Register: http://bit.ly/2xmSDZg No official finishers after 9:05; course will close at 9:05.
Frosh/Soph HS Girls	9:05 AM	9:55 awards tent
Frosh/Soph HS Boys	9:45 AM	10:35 awards tent
Varsity HS Girls	10:20 AM	11:10 awards tent
Varsity HS Boys	10:55 AM	11:45 awards tent
JV HS Girls	11:30 AM	12:20 awards tent
JV HS Boys	12:10 PM	1:00 awards tent
4th-8th B/G Mile*	12:45 PM	1:15 awards tent

*Coaches who wish to bring 4th-8th grade runners for the 12:45 p.m. race **MUST contact** coach Jennifer Johns (rdy2run@hotmail.com) for approval and instructions for registration. Race entry restricted to local conference and runners affiliated with registered high school. We will cap numbers.

8. Awards: No ceremony. Awards will be presented at the awards tent at the times indicated above; professional photos will be taken at the tent as well.

JV	Medals 1 st – 20 th
Frosh/Soph	Two team trophies, medals 1 st – 20 th
Varsity	Three team trophies, individual trophies for team champions, trophy for individual champions, medals 2 nd – 30 th
4th-8th	Top 5 medals each gender and grade level; participation ribbons



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8. Courtesy: Please advise your athletes and fans to stay off all greens and tee boxes. Additionally, all of us need to remain out of Rotary Gardens, west of the starting area. **They are hosting weddings on race day.** We'd like to maintain a positive relationship with our neighbors in order to continue the Midwest Invitational. Thank you!
9. Appeals: John Hegge (WIAA starter)
Bill Semmens (WIAA starter)
Dick Lambrecht (WIAA starter)
Brian Lawton (meet manager, Janesville Craig)
Michael Butscher (Lake Geneva Badger boys' coach)
Mark Little (Janesville Parker girls' coach)
10. Parking: Parking is available at the Blackhawk Golf Course lots. There are roughly 75 spaces available and the lots are expected to close early. No buses are allowed in these lots. Palmer Park (north off Racine St.) and Palmer Dr., west of Sharon Rd., has space as well. These areas require a walk to the course, so plan accordingly. Please note Palmer Dr., between Racine St. and Sharon Rd. will be closed to traffic as the event begins. Golf cart shuttles available from Palmer Park area (Racine St. and Palmer Dr. intersection).
11. Photos: Hundreds of photos from the event are provided as a courtesy to all athletes, schools, media and families. Go to www.facebook.com/CraigCrossCountry for information after the meet. These are professional photos and may be copied at no charge. They are usually available by early Monday after the event. You can also visit www.loizzo.com, select 'photos for sale'-->'sports'-->'high school'-->'high school cross country' and access the same photos at no charge.
12. Medical: Mercy Sports Medicine has a tent in the finish area to assist athletes with medical needs. Squads from the Janesville Police Department and an ambulance are on site as well.



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Lane	School	Lane	School
1	East Troy	22	Kimberly
2	Madison Memorial	23	Beloit Memorial
3	Dodgeville/Mineral Point	24	Belleville
4	Janesville Parker	25	Monona Grove
5	Platteville	26	Milton
6	South Milwaukee	27	Madison West
7	Sun Prairie	28	Rockford Guilford, IL
8	Westby	29	Whitnall
9	Janesville Craig	30	Neenah
10	Lake Geneva Badger	31	Mequon Homestead
11	Beloit Turner	32	Wauwaukee
12	Luther	33	Wisconsin Dells
13	Whitewater	34	Monroe
14	Oregon	35	Middleton
15	Houston MacArthur, TX	36	Beaver Dam
16	Warren Township, IL	37	DeForest
17	Stoughton	38	Green Bay Preble
18	Oconomowoc	39	Elkhorn
19	Kenosha Bradford	40	Madison LaFollette
20	Darlington	41	LaCrosse Logan
21	Delavan-Darien	42	Mount Horeb
		43	Hartland Arrowhead